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**Bronx Paradise: Only the Strong Survive**  
*Interview with Filmmaker Wayne Gurman (Former Bad Guy)  
and Director William Lappe (Former NYPD Detective)*

**Air Date: December 20, 2008 @ 2pm EST**

*Not around for the live show? Past episodes are archived and available On Demand!*

**On the VoiceAmerica.com Talkradio Network**

Continuing with the theme for December—redemption and renewal—on this week's show Crime Prevention Specialist Susan Bartelstone speaks with former bad guy, drug dealer and bookie Wayne Gurman (now actor, writer and law-abiding citizen) and good guy William Lappe, former NYPD detective (now writer and film director), about how to find paradise. A ***Bronx Paradise***, that is, and believe me it's no walk in the park.

In the film, Wayne details his criminal lifestyle from 1984 to 1999 when he was finally (!) arrested and finally turned his life around. Shot guerilla style on the streets where it all took place, Wayne describes the film as very violent and very funny—like his former life. You wouldn't have wanted to have known him then...but you sure do now. And, no, William Lappe wasn't the cop who arrested him.

Susan's also got tips on staying safe in shopping mall parking lots and more really weird crime reports. **It'd be a crime not to listen!**

***Here's how to tune in:***



go to <http://www.modavox.com/voiceamerica> on the VoiceAmerica flagship network and plug in *Susan Bartelstone* in the search box and scroll down the menu on the left to find the show you want.

Easier way: go directly to <http://tinyurl.com/crimeprevention101> and do the same thing.

Note: By default, you might be listening LIVE to VoiceAmerica.com when you first log on. To listen to Crime Prevention 101 archives, simply choose from any of the links provided from the menu on the left.

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### ***Talking the Talk Because She's Walked The Walk!***

Years ago, Susan Bartelstone had a bad break-up with a guy, complete with physical and emotional bruises, and determined to learn how to protect herself. Today, she's a certified Crime Prevention Specialist and Personal Safety expert, with 17 years combined training in WWII Combatives, self defense and martial arts. Along the way, she deterred five extremely dangerous criminal encounters, fought her way out of a surprise attack and, for the past 18 years, has taught safety skills to men and women from such organizations as American Express, the U.S. Post Office and the Livery Cab Owners Coalition of New York.

Author of *Think Fast and Prevent a Violent Crime: How to Respond to Danger in 20 Seconds (or Less!)*, which is based on her own experiences, she's been featured in a long and varied list of media; the "Today Show," "America's Most Wanted" and *Self Magazine* to name but a few.

Dubbed "the Ann Landers of Self Defense," she's helped thousands of people solve their personal safety dilemmas with her practical advice—which stresses the many opportunities you have to avoid or defuse a criminal encounter...and how to use your brains instead of your muscles in a fight.



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